

FROM THE DIRECTOR'S DESK

Jessica Hazelton, Executive Director

Thank you to all who participated in Family Night! We look forward to the next one in October. We have many new residents and families among us; please introduce yourselves so they can feel the warmth and family spirit we have at Appletree Court. With the summer coming to an end, it's almost time for our children to return to school, and we will be hosting a back-to-school drive. Donations can go to Concierge in the front lobby. Don't forget to check out our Facebook page for weekly updates and pictures. We are frequently updating our page with fun events happening here at Appletree. Thank you for the continued support!

PERSONAL CARE DEPARTMENT

Arsi Carter, Personal Care Director

August is Psoriasis Action Month

The National Psoriasis Foundation (NPF) is raising awareness during Psoriasis Action Month. Psoriasis is an immune-related disorder that leads to raised, red, scaly patches on the skin. It affects over 8 million Americans. Up to 30 percent of people with psoriasis also develop psoriatic arthritis, an inflammatory joint and tendon disease. Some people suffer from psoriasis all their lives, and others develop the disease later in life.

Those with life-long psoriasis may need to change treatment as the body ages. Talk to your doctor about changing medications after the age of 65. Caregivers should also be on the lookout for so-called "elderly-onset psoriasis."

Watch for these symptoms:

- Raised, red patches of skin.
- Whitish-silver scales on the red spots.
- Dry skin that may crack and bleed.
- Soreness, itching and burning around patches.
- Thick, pitted nails.
- Painful, swollen joints.



So remember, staying aware of diseases and conditions that affect Senior Citizens helps caregivers provide better support.

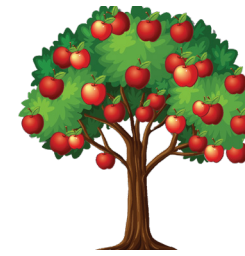
ACTIVITY DEPARTMENT

Cindy Bostick, Activity Director

Please mark your calendars for August 16th at 10:30 a.m. Gretchen Feinhals from Senior Source will be speaking regarding Medicare Fraud and abuse. This session will be educational and informative for all seniors. Residents, family members and friends are invited to attend. Flyers which list the topics being discussed are available at the reception desk to help share.

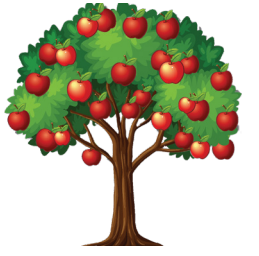
APPLETUDE

"If you can dream it, then you can achieve it. You will get all you want in life if you help enough other people get what they want." Zig Ziglar



The Apple Blossom

August 2022



Appletree Court Assisted Living
972-889-2300
Facility ID 010312

870 W. Arapaho
Richardson, Texas 75080

WELCOME NEW RESIDENTS

Suzie Mayo	Apt. 148
Gloria Reynolds	Apt. E
Sara Hannah	Apt. 115
Peggy Savoy	Apt. 149

HAPPY BIRTHDAY RESIDENTS

Shirley Waller	August 1
Lucy DenBleyker	August 4
Sue Suk	August 5
Henry Libby	August 6
Charlene Christian	August 13
June Faircloth	August 22
Frances Landers	August 30
Billie Tunnell	August 30



HAPPY BIRTHDAY STAFF

Frewoini Worku	August 12
Tammy Verver	August 15
Aderike Coker	August 20
Dorothy Nartey	August 23

HAPPY STAFF ANNIVERSARIES

Yayne Abrhame	9 years	August 6
Rusth Trimino	2 years	August 11
Everardo Moreno	21 years	August 17
Mary Muchiri	4 years	August 30

